



Lewis County Office for the Aging Nutrition Program



Suggested Contribution: \$4.00/over 60 ~ Guest Fee: \$11.00/under 60

contributions can be made via our website, cash, check or SNAP benefits

Dining Sites located in Copenhagen, Croghan, Harrisville, Lowville & Lyons Falls

To reserve a meal, or make changes to your Home Delivered Meals, please call our **Meal Line** at 315-376-2041



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY (Home Delivered Meals Only) |
|---|---|---|--|--|
| <p>1% Milk Offered Daily</p> |  | | | <p>1 Chicken with Peach Glaze Butternut Squash Spinach Banana Peanut Butter Cookie</p> |
| <p>4 Macaroni and Cheese Stewed Tomatoes Broccoli Applesauce</p> | <p>5 Cinco De Mayo Meal Enchiladas Rice & Beans Street Corn Mexican Fruit Salad Dinner Roll</p> | <p>6 Meatloaf Mashed Potatoes with Gravy Asparagus Peaches</p> | <p>7 Turkey Salad Cold Plate Lettuce & Tomato Macaroni Salad Carrot and Raisin Salad Grapes Birthday Cake</p> | <p>8 Breaded Fish Sandwich with Tartar Green Beans & Carrots Warm Cinnamon Pears</p> |
| <p>11 Grilled Chicken Sandwich Lettuce & Tomato Herb Roasted Potatoes Brussel Sprouts Mandarin Oranges</p> | <p>12 Sweet & Sour Pork With Pineapple Brown Rice Broccoli & Red Peppers Tropical Fruit Cup</p> | <p>13 Lemon Garlic Fish Mashed Potatoes Italian Blend Vegetables Apricots</p> | <p>14 Mothers Day Meal Chicken Piccata over Pasta French Style Green Beans Glazed Carrots Strawberry Shortcake Dessert</p> | <p>15 Ham & Cheese Omelet Breakfast Potatoes Spinach Clementines Bran Muffin & Chocolate Milk</p> |
| <p>18 Shepherd's Pie Peas & Mushrooms Cinnamon Applesauce Pudding</p> | <p>19 Chicken Cordon Bleu Broccoli Garlic Bread Pears</p> | <p>20 Turkey with Gravy Sweet Potatoes Asparagus Pineapple</p> | <p>21 Memorial Day Meal Hamburger on a Bun Baked Beans Capri Blend Vegetables Mixed Berries Cook's Choice Dessert</p> | <p>22 Beef Stew Italian Mixed Vegetables Banana Corn Muffin</p> |
| <p>25  Office and Sites Closed</p> | <p>26 Pancakes Pure Local Maple Syrup Turkey Sausage Hash Brown potatoes Peaches Chocolate Milk</p> | <p>27 Philly Cheese Steak with Peppers and Onions Herb Roasted Potatoes Green Beans Grapes</p> | <p>28 Roast Pork with Applesauce Sweet Potatoes Brussels Sprouts Melon</p> | <p>29 Cook's Choice!</p> |

***Menu is subject to change without notice**

Approved: 4/10/26

Amanda Woolnough MA, RDN, CDN