



**LEWIS**  
**COUNTY**  
NEW YORK  
**OFFICE FOR THE AGING**

# **Senior Program Schedule**

## **WINTER 2026**

The Office for the Aging, in collaboration with Double Play Community Center will be holding the following classes this Winter:

### **AQUATICS PROGRAM:**

6 weeks / 3 days per week (M-W-F)

#### **Lowville Academy Central School**

January 5 - February 13th; Time: 7:00-7:45am

#### **Beaver River Central School**

January 5 - February 13th; Time 7:00-8:00am

### **WALK WITH EASE PROGRAM:**

6 weeks / 3 days per week (M-W-F)

#### **Turin Christian Community Center**

January 5 - February 13th; Time: 11:00-12:00pm

**Please call Office for the Aging to register!**

**(315) 376-5313**



**NY Connects**  
Your Link to Long Term Services and Supports

