## Meal Site

## PRESENTATIONS:

Public Health will be presenting at our different meal sites on the following dates:

RESPIRATORY HEALTH Harrisville - Wednesday, October 1st Lyons Falls - Wednesday, October 8th Croghan- Wednesday, October 15th Lowville - Wednesday, October 22nd Copenhagen - Thursday, October 23rd

**DIABETES** 

Harrisville - Wednesday, November 5th Lyons Falls - Wednesday, November 12th Croghan - Wednesday, November 19th Lowville - Wednesday, November 26th Copenhagen - Thursday, November 20th

MENTAL HEALTH & THE HOLIDAYS

Harrisville - Wednesday, December 3rd Lyons Falls - Wednesday, December 10th Croghan - Wednesday, December 17th Lowville - Tuesday, December 16th Copenhagen - Thursday, December 18th

PLEASE RESERVE YOUR MEAL BY NOTIFYING THE APPROPRIATE MEAL SITE, OR BY CALLING OFFICE FOR THE AGING AT 315-376-5313.





