
LEWIS COUNTY OFFICE FOR THE AGING
Advisory Council Meeting Minutes
MAY 7, 2024

Advisory Council Officers:

Joan Goodfellow, Chair

Jerry Flanders, Vice Chair

Members Present: Edie Roggie, Jerry Flanders, Rose Ross, Linda Dean, Joan Goodfellow, Margaret Grant, Taraden Lyndaker, Vincent Nortz, Barry Lyndaker

Senior Club Presidents: Elsie Keefer, Jacki Kaban, Debra Derr, Linda Domagala

Others Present: Carla Hellinger, Chris Baker, Nancy Wolff

Meeting began at 1:00 p.m. Call to order/Pledge to the American flag. Review of previous meeting minutes were approved by Jerry Flanders and Jacki Kaban.

Welcome & Introductions – Joan Goodfellow began and everyone introduced themselves going around the table.

New Business

- **Senior Picnic**
 - Planned for June 14, 2024. This is also Flag Day and will be the theme. To be held at the Fairgrounds with Miller’s Meat Market catering the meal. Reservations are required and can be made now by calling the OFA.
 - A concern was brought up regarding the table arrangement from last year; not being very “social” friendly. Other options were discussed.
- **Puzzle Contest**
 - Planned for June 28, 2024. Round 1 will be held in conjunction with Food Truck Friday at the fairgrounds. Round 2 will be held at the Lewis County Fair at Senior Citizen’s Day on July 18th. There are two categories available: one team having at least one person aged 60+; the other category is for all ages.
- **Senior Day at the Fair**
 - Planned for July 18, 2024. There will be entertainment with vendors & presentations available.
- **Virtual Senior Center Presentation**
 - This was a virtual presentation done with Ana Semedo. VSC (Virtual Senior Center) is a program to develop or keep social connections for older adults.
 - They have over 400 programs which include: arts; exercise; science & nature; wellness; history, news & travel; music & games; technology training; and Pets Together virtual visits.
 - They have programming for the homebound; counties with multiple gathering sites; and culturally specific groups.
 - Concern was brought up regarding older adults that are not good with technology. The company does assure OFA that they can walk older adults through it over the phone. Other options would be to have older adults congregate at the local library on their own, or have

OFA do a one-time training presentation. It may be incorporated into the Respite Café as well.

- **OFA Staff Replacements**
 - It was announced Kurtis Dicob will be taking Vicki Meyer's position. Her last day will be May 31st. This will leave Kurtis' position open to fill.
 - Interviews are being done this week to fill Lyndsey's position as well.
- **Double Play**
 - Joan announced that Double Play had its open house. A beautiful facility with helpful staff.
 - Depending on individual's insurance, could be good coverage in paying for membership. However, encouraged to double-check with the insurance before paying for the membership.
- **OFA Volunteer of the Year Award**
 - Congratulations to this year's recipient, Tina Stanford. Compliments were given on the volunteer dinner event as it was excellent with beautiful decorations.
- **The Randy Streeter Senior of the Year Award**
 - Congratulations to the recipient, Sharon Kelly.
- **Milk Plant Tavern**
 - Carla Hellinger updated the council that it's going very well & reminded to call OFA ahead of time to receive the vouchers for the month. Like home delivered meals, a contribution letter will go out.
- **Evening Meals**
 - They are starting up this week on Thursday evening. Pickup at Maple Ridge or McManus' in Lyons Falls is available. They will also be delivered to Valley View, Steepleview and Brookside. Regardless, they are all take-outs only and when reserving, will need to call OFA and specify location. Reservation cut off will be on Wednesdays. There is a \$5 recommended donation.
 - In the Fall, there will be soups & stews available.
- **Dietician Visit**
 - Jerry Flanders acknowledged & appreciated a visit made to the Copenhagen meal site by the dietician. She seemed to have listened to what they had to say and have noticed a difference in the menu. They say "thank you!"

Old Business

- **Elected Secretary**
 - The council is still in need of an appointed Secretary. Rose Ross did some research and ANY member of the Advisory Council is eligible. Anyone interested should contact OFA. Our goal is to appoint a new secretary at the next meeting in August.

Meeting ended at 1:59 PM. Motion to adjourn the meeting made by Jacki Kaban and seconded by Rose Ross.

Next Meeting: Tuesday, August 6th at 1:00 PM; Human Services Building Conference Room, 5274 Outer Stowe Street.