

Lewis County

NEW YORK

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COMMUNITY RESOURCE GUIDE

LEWIS COUNTY RESOURCES AT YOUR FINGERTIPS

PUBLICATION BROUGHT TO YOU BY LEWIS COUNTY OFFICE FOR THE AGING & NEW YORK CONNECTS



NY Connects
Your Link to Long Term
Services and Supports





LEWIS COUNTY

NEW YORK

RESOURCES
AT YOUR
FINGERTIPS

This directory is brought to you by:

Lewis County Office for the Aging

5274 Outer Stowe Street, P.O. Box 193, Lowville, NY 13367
315-376-5313
www.lewiscountyny.gov/departments/office-for-the-aging



New York Connects

315-376-5432 (OFA)
315-785-8703, Ext. 211 (NRCIL)
1-800-342-9871
www.nyconnects.ny.gov



NY Connects
Your Link to Long Term
Services and Supports

CLOTHING ASSISTANCE

Forest Finds, Lyons Falls	315-348-8119
Matthews Place, Boonville	315-942-5636
Opportunity Knocks, New Bremen lewiscountyopportunities.com	315-376-8202

CRISIS INTERVENTION

Adult Protective Services lewiscounty.ny.gov	315-376-5400
Behavioral Health & Wellness Center tlsnny.com	315-376-5450
Crisis Number (Evenings & Weekends)	315-405-0696
Crisis Text Line crisistextline.org	Text "HOME" to 741741
Evenings & Weekends (LCGH) lcgh.net	315-376-5252
Child Abuse Hotline	800-342-3720
Children's Mental Health Crisis Respite childrenshomeofjeffersoncounty.org	315-955-9062
Community Crisis Response Team lewislivesmatter.com	315-376-5453
Domestic Violence/Rape Crisis/Victims Services lewiscountyopportunities.com	315-376-4357

LGBTQ Youth Suicide Prevention Line	866-488-7386
National Council on Problem Gambling ncpgambling.org	315-413-4676
NYS OASAS HOPEline	877-846-7369
HERETOHELP	833-437-3864
National Eating Disorders Association nationaleatingdisorders.org	800-931-2237
National Association of Anorexia Nervosa and Associated Disorder anad.org	888-662-1235
National Alliance for Eating Disorder Helpline allianceforeatingdisorders.com	866-662-3635
Diabulimia Helpline diabulimiahelpline.org	425-985-3635
Suicide Prevention Lifeline suicidepreventionlifeline.org	800-273-8255

EDUCATION

Alternative Center for Educational Services (ACES) boces.com	315-377-7365
Adirondack Central adirondackcsd.org	315-942-9200
Beaver River Central brcsd.org	315-346-1211
Jefferson BOCES (Adult Education/Night schooling) boces.com	315-779-7200
Lewis BOCES boces.com	315-377-7300
Copenhagen Central ccsknights.org	315-688-4411
Harrisville Central hcsk12.org	315-543-2707
Lewis County Head Start lewiscountynyheadstart.com	315-376-7531
Jefferson Community College sunyjefferson.edu	315-786-2200
Literacy of Northern New York literacyyny.org	315-376-8188
Jefferson County	315-782-4270
Lowville Academy lowvilleacademy.org	315-376-9000
High School	315-376-9015
Middle School	315-376-9010
Elementary School	315-376-9005
Summer School	315-276-9117
River Valley Mennonite School	315-493-0187
South Lewis Central southlewis.org	315-348-2500
High School	315-348-2520
Middle & Elementary School	315-348-2570
ACCES-VR access.nysed.gov/vr	315-793-2536
P-12 Education	518-474-3862
TASC (formerly GED)	518-474-5906
Office of Higher Education	518-486-3633

EMPLOYMENT

ACCES-VR access.nysed.gov/vr	800-222-5627
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Office of the Professions	518-474-3817
Lewis County Workplace lewiscounty.ny.gov	315-376-5800
Unemployment Insurance labor.ny.gov	888-209-8124

FAMILY & CHILDREN SERVICES

Car Seat Fit Station	315-376-8202
Double Play Sports Community Center doubleplaycc.com	315-376-7001
DSS Support Collection Unit	315-376-5400
Family Support Services (NRCIL) nrcil.net	315-836-3735
Fort Drum Soldiers & Family Assistance Center	315-772-6556
Single Point of Access (SPOA) Coordinator	315-377-6014
Transitional Living Services tlsnny.com	315-376-8443

Daycare

Community Action Planning Council capcjc.org	315-782-4900
DSS Daycare Funding lewiscounty.ny.gov	315-376-5400
Hand in Hand Early Childhood Center handinhandlowville.com	315-376-9414

Parenting Classes

Care Net of NNY carenetnny.com	
Lowville	315-874-4015
Watertown	315-782-5433
Cornell Cooperative Extension of Lewis County ccelewis.org	315-376-5270
Northern Regional Center for Independent Living (NRCIL) nrcil.net	
Lowville	315-836-3735
Watertown	315-785-8703

Programs for Pregnant Moms

Breast Feeding/Lactation Consultant lcgh.net	315-376-5200
Care Net of NNY carenetnny.com	
Lowville	315-874-4015
Watertown	315-782-5433
Lewis County General Hospital Maternity lcgh.net	315-376-5602
Planned Parenthood of NNY plannedparenthood.org	315-804-6174
Women, Infants, Children (WIC) Program nocofamilyhealth.org	315-376-6427
Lewis County General Hospital Women's Health Center	315-376-5475
North Country Prenatal/Perinatal Council ncppc.org	315-788-8533

FOOD ASSISTANCE

Home Delivered Meals (Office for the Aging) lewiscounty.ny.gov	315-376-5313
SNAP Benefits (Food Stamps) mybenefits.ny.gov nyconnects.ny.gov	315-376-5400
Food Bank of Central New York (SNAP application assistance) foodbankcny.org	315-437-1899 Ext. 259

Food Pantries

Lewis County Opportunities (Copenhagen/Croghan/ Harrisville/New Bremen/Port Leyden) lewiscountyopportunities.com	315-376-8202
Lowville Food Pantry lowvillefoodpantry.org	315-376-7431
Matthew's Place	315-942-5636

HEALTH SERVICES, SUPPORTS & CENTERS

Health Supports

Cancer Services of the North Country health.ny.gov/cancerservicesprogram	866-442-2262
Care Net of NNY carenetny.com	Lowville 315-874-4015 Watertown 315-782-5433
Home Health and Hospice lcgh.net	315-376-5308
Lewis County General Clinical Resource lcgh.net	315-376-5608
Lewis County Residential Healthcare Facility (intake) lcgh.net	315-376-5205
Lewis County Public Health lewiscountypublichealth.com	315-376-5453
Lowville Dialysis Center	315-377-3090
Lowville Family Dental Center nocofamilyhealth.org	315-376-4500
North Country Prenatal/Perinatal Council ncppc.org	315-788-8533
Planned Parenthood of NNY plannedparenthood.org	315-804-6174
US Care Systems Inc. uscaresystems.com	315-755-2258

Hospitals

Carthage Area Hospital carthagehospital.com	315-493-1000
Lewis County General Hospital lcgh.net	315-376-5200

Medical Centers

Beaver River Health Center lcgh.net	315-346-6824
Copenhagen Health Center lcgh.net	315-688-2305
North Country Family Health Center nocofamilyhealth.com	315-376-6427
South Lewis Health Center lcgh.net	315-348-8407

Veterans Affairs Clinic Rome | va.gov 315-334-7100
Watertown 315-221-7026
Syracuse | syracuse.va.gov 315-425-4400

Mental Health Services

Behavioral Health and Wellness Center | tlsnny.com 315-376-5450
Carthage Area Hospital Behavioral Health | carthagehospital.com 315-493-3300
Children’s Home of Jefferson County | chjc.org 315-788-7430
Crisis Telephone 315-782-2327
CREDO Community Center | credocc.com 315-376-5958
Mobile Integration Team (St. Lawrence Psychiatric Center) | omh.ny.gov 844-863-9314
Northern Regional Center for Independent Living Peer Support 315-836-3735

STD Testing

Lewis County Public Health | lewiscountypublichealth.com 315-376-5453
Planned Parenthood of NNY | plannedparenthood.org 315-804-6174

Substance Abuse

CREDO Community Center | credocc.com 315-376-5958
PIVOT: Alcohol and Substance Abuse Council of Jefferson County 315-788-4660
| pivot2health.com
Samaritan Medical Center Behavioral Health | samaritanhealth.com 315-779-5060
United Prevention (UP!) Coalition | uplewiscounty.org 315-204-0499

HOUSING ASSISTANCE

Emergency Homeless Assistance (DSS) | lewiscounty.ny.gov 315-376-5400
Lewis County Opportunities, Inc. | lewiscountyopportunities.com 315-376-8202
Snow Belt Housing Company | snowbelt.org 315-376-2639
Transitional Living Services Supportive Housing | tlsnny.com 315-376-8443

LAW ENFORCEMENT (DIAL 911 FOR EMERGENCIES)

Lowville Village Police Department 315-376-6511
Lewis County Sheriff’s Department 315-376-3511
Department of Environmental Conservation | dec.ny.gov/lands/8075.html 315-376-3521
New York State Police | troopers.ny.gov 315-376-6513

LEGAL SERVICES

District Attorney lewiscounty.ny.gov	315-376-5390
Family Court nycourts.gov/courts/5jd/lewis	315-570-2440
New York State Justice Center justicecenter.ny.gov	855-373-2122
Legal Services of CNY lscny.org	877-777-6152
Persons in Need of Supervision (PINS) lewiscounty.ny.gov	315-376-5400
Probation Department lewiscounty.ny.gov	315-376-5358
Public Defender lewiscounty.ny.gov	315-376-7543
Resolution Center of Jefferson & Lewis Counties resolution-center.net	315-785-0333

RESOURCES, INFORMATION & ASSISTANCE

ACR Health Home acrhealth.org	800-475-2430
Alzheimer's Association alz.org	800-272-3900
American Heart Association heart.org	800-242-8721
American Red Cross redcross.org	315-234-2200
Department of Motor Vehicles lewiscounty.ny.gov	315-376-5331
Lewis County Community Services lewiscounty.ny.gov	315-376-5858
Lewis County Office for the Aging lewiscounty.ny.gov	315-376-5313
Lewis County Public Health Agency lewiscounty.ny.gov	315-376-5453
Lewis County Veterans Service Agency lewiscounty.ny.gov	315-376-5316
LCGH Fund for Hope lcgh.net/lcgh-fund-forhope	315-376-5110
Migrant Worker Support/Outreach (Oswego County) oco.org/health-services/migrant-health	315-598-4740
Naturally Lewis discovertughill.com	315-376-2213
NY Connects (Choices for Long Term Care) nyconnects.ny.gov	
Lewis County Office for the Aging	315-376-5432
NRCIL	315-785-8703, Ext. 211
Statewide	800-342-9871
Northern Regional Center for Independent Living nrcil.net	
Lowville	315-836-3735
Watertown	315-785-8703
Poison Control Center	800-222-1222
Social Security Administration ssa.gov	800-772-1213
Watertown Office	866-627-6995
Soldier On Veterans Outreach wesoldieron.org	866-406-8449
Smoking Cessation nysmokefree.com	866-697-8487
Single Point of Access (SPOA) Coordinator	315-377-6014
Taking Care of Our Own lctakingcareofourown.com	315-348-4211

Transitional Living Services tlsnny.com	315-376-8443
Traumatic Brain Injury ariseinc.org	
Syracuse	315-472-3171
Oneida	315-363-4672

Disability Services for Adults and Children

The ARC Oneida/Lewis-NYSARC thearc.org	315-348-8401
Central Association for the Blind cabvi.org	315-797-2233
Central NY Developmental Disabilities Office, Region 2 opwdd.ny.gov	315-473-6978
Children with Special Needs (Public Health) lewiscounty.ny.gov	315-376-5453
Disabled Persons Action Organization dpao.org	315-782-3577
Lyons Falls	315-348-8380
LifePlan CCO NY lifeplanccony.com	315-565-2612
NNY Cerebral Palsy Association nnycerebralpalsy.org	315-788-5650
Northern Regional Center for Independent Living nrcil.net	315-836-3735
The Arc Jefferson-St. Lawrence Early Intervention/Case Management thearc.org/chapter/the-arc-jefferson-st-lawrence	315-788-2730

Insurance

AIDS Community Resource Health Patient Navigator communityhealthadvocates.org/agency/acr-health	800-475-2430
North Country Prenatal/Perinatal Council ncppc.org	315-788-8533
Lewis County Office for the Aging (Medicare) lewiscounty.ny.gov	315-376-5313

Personal Care/Home Care

Lewis County Department of Social Services lewiscounty.ny.gov	315-376-5400
Lewis County Office for the Aging lewiscounty.ny.gov	315-376-5313
Seniors Helping Seniors seniorcarenorthernny.com	315-405-4950
US Care Systems Inc. uscaresystems.com	315-755-2258

Utility Assistance

Home Energy Assistance Program (HEAP) otda.ny.gov/programs/heap	315-376-5400
Lewis County Opportunities lewiscountyopportunities.com	315-376-8202
Lifeline (Phone discount) lifelinesupport.org	800-921-8101
National Grid	800-642-4272
Emergency Assistance Program (extra discount for HEAP recipients)	315-460-7671

Weatherization

EmPower | nyseda.gov/All-Programs/EmPower-New-York-Program

800-263-0960

Lewis County Opportunities | lewiscountyopportunities.com

315-376-8202

Snow Belt Housing Co. | snowbelt.org

315-376-2639

USDA Rural Development | rd.usda.gov/ny

315-782-7289

Transportation

Outpatient Van Service

315-412-6058

Lewis County Office for the Aging | lewiscounty.ny.gov

315-376-5313

Lewis County Courthouse Public Transportation

Text: 315-377-

| lewiscountyny.gov/public-transportation

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Birnie Bus Service, Lewis County

315-376-6508

Medical Answering Service (MAS) | medanswering.com

800-430-6681

Volunteer Transportation Center | volunteertransportationcenter.org

315-788-0422

For more information, visit:

nyconnects.ny.gov

lewiscountyny.gov

