



#### NY Connects Your Link to Long Term Services and Supports

NY Connects is your trusted place to go for free, unbiased information about long term services and supports for people of all ages or with any type of disability. NY Connects is a program at the Lewis County Office for the Aging.

Contact Lewis County NY Connects at 315-376-5432



TEMPORARY LOCATION-5960 Main St Glenfield, NY 13343

MAILING ADDRESS-P.O. Box 193 Lowville, NY 13367

(315) 376-5313

E-mail: ofa@lewiscounty.ny.gov

#### Website:

https://www.lewiscounty.org/depart ments/office-for-the-aging

Hours: Monday - Friday 8:30 A.M. - 4:30 P.M.





Office for the Aging

Consumer Directed In-Home Services

## WHAT IS CDIS?

Consumer Directed
In-Home Services (CDIS) allows
you to choose the aide who works
in your home. You hire, train and
supervise the aide.

Your aide can be your friend, neighbor, or family member with some exceptions.



# GET A CONSUMER DIRECTED AIDE?

#### Office for the Aging Home Care and Respite Program

People who are age 60 and older that have physical limitations in their ability to:

- bathe or shower
- do housework
- · go shopping
- prepare meals
- not eligible for Medicaid

### **Medicaid and the Medicaid Long Term Care program**

If you have Medicaid Long Term Care (MLTC) and are approved for home care hours you can possibly hire a consumer directed aide. Call NY Connects at 315-376-5432 for more information.

# WHO MANAGES MY AIDE?

YOU take control of your care. You will develop a care plan with your Case Manager and you must be willing to make informed choices regarding your care

#### What If I Need Help Directing My Care

Your OFA Case Manager can assist you with planning for your home care needs. You also can choose a friend or eligible family member to act as your designated representative to assist in care planning and decision making about your home care.